

## Sexual Assault Centre Kingston Pre-Training Volunteer Interview

Note: The purpose of this interview is to provide the Volunteer Coordinator with the opportunity to get to know a little bit about you, and to give you the opportunity to find out more about SAC Kingston. It is also a tool to help determine whether you are at a place where training and volunteering at SAC Kingston would be a positive & healthy experience for you and for the organization. Some of the questions might be found to be somewhat intrusive. These questions are asked based on the idea that to be able to provide other women with support in a healthy, positive manner, volunteers must be healthy and positive.

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Date: \_\_\_\_\_

Name: \_\_\_\_\_ Identify as Female? Yes  No

Street Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Email Address: \_\_\_\_\_

Languages Spoken/Signed: \_\_\_\_\_

Languages Written: \_\_\_\_\_

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1. Where did you first learn about the Sexual Assault Centre Kingston (SAC Kingston)?

2. There are various types of volunteer opportunities here at SAC Kingston. Is there a particular type of work/experience you are interested in?

Crisis & Support Line

Community Education

Special Events

Office Support

Fundraising

Proposal Writing

Committee Work

Board of Directors

Other: \_\_\_\_\_

*Please Note: Board of Directors cannot be on Frontline Support.*

3. Volunteers are asked to make a one year commitment to the Centre. Is this something you can see yourself doing if training is successful? Yes  No

4. Have you participated as a volunteer with any other not for profit organizations? What type of work did you do?

5. Life experience/employment (What are you doing right now)?

6. Is there anything going on for you in your life right now that might make volunteering at SAC Kingston difficult?

7. What are your interests/hobbies, what do you do for fun?

8. Why do you want to volunteer at the Sexual Assault Centre?

9. Do you consider yourself a feminist? Yes  No

10. Do you consider yourself to be pro-choice? Yes  No

11. Do you consider yourself to be anti-oppression? Yes  No

12. SAC Kingston is a feminist, anti-oppression, pro-choice organization. If you became a volunteer here you would need to be comfortable representing yourself as such. Would you be? Yes  No

13. SAC Kingston strives to be accessible to all women. This includes, but is not limited to: lesbians, trans women, women of colour, women with disabilities, Aboriginal women, women of size, women in conflict with the law, senior women, women with AIDS/HIV+ status, Jewish women, immigrant women, single mothers, poor and working class women. Are you willing to commit to, support and work within this philosophy? Yes  No

14. Society holds a number of myths/lies about sexual assault. Can you identify some?

15. Why do you think society seems so determined to hold onto these myths?

16. How would you define sexual violence/assault?

17. What skills do you possess that you feel would be beneficial to work with SAC Kingston?

18. What skills do you believe you might have to work on?

19. Why do you feel that you are ready to support other women in this way?

20. What types of feelings/emotions do you think survivors of sexual violence/assault/abuse might express to you?

21. Do you feel comfortable about answering some general questions about your own possible experiences of sexual violence?    Yes     No

~To the best of your knowledge, has anyone close to you experienced sexual violence/assault/abuse?    Yes     No

~Have you experienced sexual violence/assault/abuse? Yes  No

~If yes, do you feel that you are far enough along in your own healing process to do this type of work? Yes  No

~Have you ever been a client here at SAC Kingston? Yes  No

~When? \_\_\_\_\_

~Who was your counsellor? \_\_\_\_\_

Final Thoughts?

Signature: \_\_\_\_\_

**Office Use Only:**

Individual approved for training? Yes  No

Prospective Training Date: \_\_\_\_\_

Volunteer Coordinator's signature: \_\_\_\_\_

Volunteer Coordinator's comments: